Influenza A

Dear Parents/Caregivers

There has been a case of influenza A reported in your child’s class this week.

Influenza, commonly known as the flu, is a highly contagious infection of the nose, throat and lungs caused by the influenza A or B (or rarely C) viruses. Influenza is more serious than the common cold.

Symptoms include:

- rapid onset of fever
- headache
- muscle aches
- fatigue
- sneezing
- running nose
- sore throat
- cough

Most people recover within a week, although the cough and fatigue may last longer. Influenza can be a serious illness, potentially fatal, particularly in people aged over 65 years of age or with a chronic illness.

It is advised that children presenting the above symptoms be taken to a doctor for correct diagnosis and then kept home for the duration recommended by the doctor.

Please contact the College if you have any queries or concerns.

Yours sincerely

[Signature]

Don Grimmett
Principal