Moon ‘sensory’ sand

This very versatile dough has a lot of names and can be found in all sorts of shops, but it’s easy to make at home. This recipe uses an edible oil option (just in case your child wants to nibble!) for older children you can use scent with an essential oil or use baby oil, since it’s a simple easy-to-find ingredient, and it has a nice smell. This two-ingredient dough, sometimes called “moon sand,” is a quick and cheap way to let kids explore their senses, build fine motor skills, and play!

INSTRUCTIONS:

1. Mix one or two drops of food colouring into the cup of oil. You can skip to Step 1 if you wish to exclude the colouring.
2. In a bowl mix the oil and flour together.
3. Transfer the sensory sand to a suitable tray or container where your child can play with it.

Hey presto! It’s ready for your child to run their fingers through it, and mould it to their heart’s content.

Materials:
- 1 Cup of an edible oil (vegetable, canola or almond)
- 8 Cups flour
- Plastic tub
- Plastic moulds or scoops (optional)
- Food colouring in a colour of your choice

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PlaygroupatInvestigator

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